

SUMMER BASH 2024

Finding the Pressure Valve | July 21st

WHAT'S THE ISSUE ANYWAY?

Life is like a _____.

Without a good pressure release valve, we will _____.

WHAT WISDOM DOES SCRIPTURE OFFER US?

Simple _____ keep the soul light when life is heavy. (Ecc. 2:24 and 3:13)

Fun helps us deal with the _____ nature of life. (Ecc. 8:14-15)

DON'T MISS THIS!

_____ is the release valve that keeps us from exploding under the pressure of life.

HOW CAN I LIVE THIS IN MY EVERYDAY, NORMAL LIFE?

Have _____ fun.

Have _____ fun.

Have _____ fun.

Have fun with fun _____.


Remember that pressure creates _____ and _____.

HOW DOES THIS MAKE ME A BETTER PERSON AND THE WORLD A BETTER PLACE?

Fun people are holistically _____ people.

WHAT IS GOD INVITING YOU INTO TODAY?

1. Join the fun today at Summer Bash.
2. Schedule fun into my life as a spiritual exercise.
3. Invite someone to my fun church.



HOPE
HERE

THOUGHT PROVOKING QUESTIONS:

1. Have you ever felt like life is a pressure cooker? Can you describe a time when you felt overwhelmed?
2. How do you currently manage the pressures of life? Do you have any effective "pressure release valves"?
3. How do you interpret the message of Ecclesiastes regarding the futility of human endeavors?
4. How can the idea of finding joy in simple pleasures, as mentioned in Ecclesiastes, be applied to your daily life?
5. What are some simple activities that bring you joy and help you release stress?

