

MAINSAIL: RESILIENT IN THE STORM | WEEK #5

“What’s My Motivation?” | April 28th

WHAT’S THE ISSUE ANYWAY?

We often lose track of _____ in life.

One of our greatest _____ is to live with a sense of purpose.

Without clarity of our _____ and a sense of _____ our resiliency suffers.

WHAT WISDOM DOES PHILIPPIANS 1:15-26 OFFER US?

Paul sees _____ the positive and the negative in his circumstances.

Paul valued _____.

Paul valued sharing resurrection hope with _____.

DON’T MISS THIS!

Paul _____ in the middle of the storm because he _____ his values and purpose.

HOW CAN I LIVE THIS IN MY EVERYDAY, NORMAL LIFE?

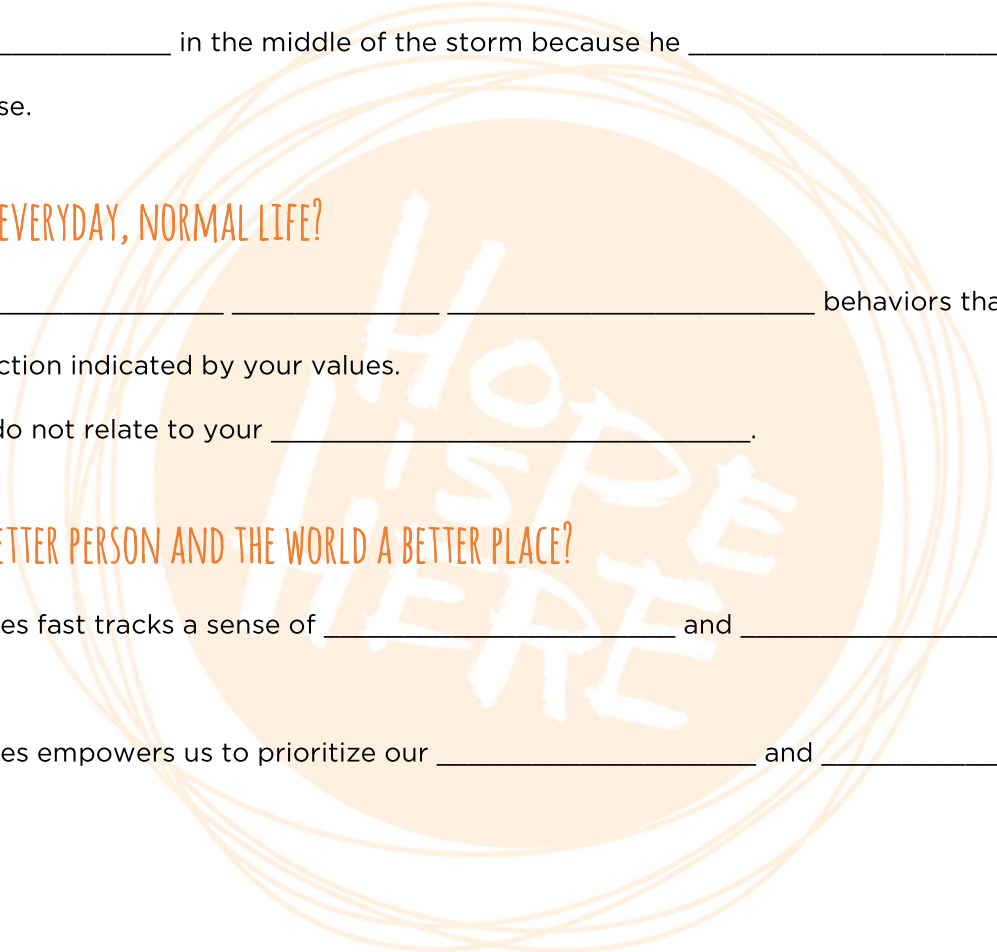
Commit to _____ behaviors that move you in the direction indicated by your values.

Remember your values do not relate to your _____.

HOW DOES THIS MAKE ME A BETTER PERSON AND THE WORLD A BETTER PLACE?

Understanding core values fast tracks a sense of _____ and _____ in our lives.

Understanding core values empowers us to prioritize our _____ and _____.



WHAT IS GOD INVITING YOU INTO TODAY?

1. Set aside 60-minutes this week and use the guide below to identify and clarify five core values.
2. Identify one of your core values and determine 2-3 actions you can take to live more in line with that value.

THOUGHT PROVOKING QUESTIONS:

1. Reflecting on Dostoevsky's quote, "The secret of man's being is not only to live but to have something to live for," what do you believe gives your life meaning and purpose?
2. How do you define your core values, and how do they influence your decision-making process?
3. Can you identify specific behaviors in your life that align with your core values? If not, how can you start incorporating them into your daily routine?
4. How do you react when your circumstances prevent you from living into your values? How can you remind yourself that your circumstances don't define your worth?
5. What steps can you take this week to commit to living a life aligned with your core values, and how do you think this will impact your overall sense of purpose and direction?

"CLARIFYING YOUR VALUES" EXERCISE

1. Write down what you think might be your top five values.
2. For each value answer the following questions:
 - a. What does this value mean to me?
 - b. Why is this value important to me? How does it enrich my life?
 - c. What are 2-3 actions I can take to live more in line with this value?

