

# MAINSAIL: RESILIENT IN THE STORM | WEEK #01

The Plot Twists of Life | March 31<sup>st</sup>

## WHAT'S THE ISSUE ANYWAY?

Life is full of \_\_\_\_\_.

How we \_\_\_\_\_ these plot twists, not the plot twists, determines our \_\_\_\_\_ and our \_\_\_\_\_.

## WHAT WISDOM DOES SCRIPTURE OFFER US?

These two women believed Jesus was their \_\_\_\_\_. (Mark 15:40-41, 47)

In the storm, these two women did not \_\_\_\_\_ their pain. (Mark 16:1-2)

In the storm, these two women had more \_\_\_\_\_ than answers. (Mark 16:3-5)

In the storm, these two women were not prepared for \_\_\_\_\_ plot twist. (Mark 16:6-8)

## DON'T MISS THIS!

Resurrection hope is the \_\_\_\_\_ of a resilient life. (Philippians 4:12-13; Romans 8:11)

The Mainsail is crucial in generating \_\_\_\_\_  
by harnessing the power of the wind.

## HOW CAN I LIVE THIS IN MY EVERYDAY, NORMAL LIFE?

Trust that your \_\_\_\_\_ to the storm is more powerful than the storm.

\_\_\_\_\_ the tools that build a resilient life.

## HOW DOES THIS MAKE ME A BETTER PERSON AND THE WORLD A BETTER PLACE?

Resurrection resiliency builds \_\_\_\_\_.

Courage is \_\_\_\_\_ from the \_\_\_\_\_ of fear.

## WHAT IS GOD INVITING YOU INTO TODAY?

1. Stay connected with Crossroads for the rest of this series.
2. Get information about the Fresh Perspective Group starting soon.
3. Take a few minutes this week and reflect on the question, "What is the mainsail of my life?"

## THOUGHT PROVOKING QUESTIONS:

1. Have you recently experienced a plot twist in your life that brought about intense emotions? How did you initially respond to it?
2. Think of a person that you consider to be extremely resilient. What about that person makes you think of them in that way?
3. Reflect on the concept of the mainsail as a symbol of resilience. What metaphorical mainsail(s) do you rely on to navigate through life's challenges?
4. Think about the ultimate source of hope and strength discussed in the message—the love that transcends even death. How does this understanding impact your perspective on life's trials?
5. How would having a more resiliency improve your life?

