

# VIBRANT AND VITAL LOVE | WEEK #01

The Lead and Lag of Spiritual Vitality | December 31<sup>st</sup>

## WHAT'S THE ISSUE ANYWAY?

We tend to confuse \_\_\_\_\_ vitality with \_\_\_\_\_ activity.

## WHAT WISDOM DOES 1 JOHN 4 OFFER US?

Divine love heals the lie of \_\_\_\_\_.

Spiritual Emptiness is the lack of confidence in the \_\_\_\_\_ and \_\_\_\_\_  
of the Divine Spirit.

Loving others is the \_\_\_\_\_ goal, spiritual vitality is the \_\_\_\_\_ goal.

## DON'T MISS THIS!

Spiritual Vitality is the \_\_\_\_\_ to love others the way God loves us.

## HOW CAN I LIVE THIS IN MY EVERYDAY, NORMAL LIFE?

Spiritual Vitality begins and grows as we \_\_\_\_\_ to live a life of vibrant and vital love.

Next Week: A vibrant and vital love chooses \_\_\_\_\_ / \_\_\_\_\_ over either/or.

January 14: A vibrant and vital love chooses \_\_\_\_\_ over Apathy.

January 21: A vibrant and vital love chooses \_\_\_\_\_ over bitterness.

January 28: A vibrant and vital love chooses \_\_\_\_\_ over hostility.

February 5: A vibrant and vital love chooses \_\_\_\_\_ - \_\_\_\_\_ over violence.

Learn from scripture and the \_\_\_\_\_ of Dr. Martin Luther King, Jr.

## HOW DOES THIS MAKE ME A BETTER PERSON AND THE WORLD A BETTER PLACE?

Choosing to live a life of vibrant and vital love creates \_\_\_\_\_.

*"As Christians we must never surrender our supreme loyalty to any time-bound custom or earth-bound idea, for at the heart of our universe is a higher reality—God and his kingdom of love—to which we must be conformed." -MLK*

## WHAT IS GOD INVITING YOU INTO TODAY?

1. Connect and engage with this series over the next two months.
2. Join a group this winter semester.
3. Get a copy of the book “Strength to Love” and read the sermons of Dr. King that are referenced each week.

## THOUGHT PROVOKING QUESTIONS:

1. What, in your understanding, distinguishes spiritual vitality from religious activity?
2. Reflect on the idea that spiritual vitality is often confused with fear-based thoughts related to doctrines, church attendance, and financial giving. How has this perception influenced your spiritual journey?
3. In 1 John 4:7-12, the emphasis is on love as the ultimate measure of spiritual vitality. How does divine love, as demonstrated by God sending his Son, address the lie of separation and spiritual emptiness?
4. According to 1 John 4:16b-19, perfect love casts out fear. How can we practically cultivate and express this perfect love in our relationships and daily interactions?
5. Discuss the idea that spiritual vitality is the confidence to love others the way God loves us. In what ways does this perspective reshape the understanding of spiritual health?
6. Consider the idea of being a transformed nonconformist, as mentioned in connection with Dr. Martin Luther King, Jr.'s teachings. How can Christians avoid conforming to time-bound customs and earth-bound ideas while remaining engaged in the world?

