## HOPE WITH US | WEEK #01



It's the Hope That Kills You, Maybe | November 12<sup>th</sup>

## WHAT'S THE ISSUE ANYWAY?

| now would you define the word               | f   |
|---|---|
| We often mean "                             | " when we use the word "hope."                    |
| We often think of hope as an                | disposition towards the future.                   |
| The hope that                               | you is the hope that is simply an emotional wish. |
| Hope is the belief that your future can be  | e and brighter than your                          |
| past/present and that                       | have a role to play in making it better.          |
| /HAT WISDOM DOES RUTH 1:11-18 OFFER US?     |   |
| Naomi has no hope because she sees no       | to a brighter future.                             |
| Naomi had hope for                          | but not herself.                                  |
| Ruth had all                                | active ingredients for hope.                      |
| ON'T MISS THIS!                             |   |
| When we see a better                        | , discern the                                     |
| there and own our                           | , hope is here.                                   |
| OW CAN I LIVE THIS IN MY EVERYDAY, NORM     | IAL LIFE?   |
| Know the                                    | _ between faith, hope and love.                   |
| says,                                       | , "I have and always will be with you."           |
| says  | , "I'm here to help with that hurt."              |
| says  | , "We can get there from here."                   |
| Embrace the                                 | and of hope.                                      |
| OW DOES THIS MAKE ME A BETTER PERSON ANI    | THE WORLD A BETTER PLACE?                         |
| Scientifically informed and spiritually sup | percharged hope has the power to change           |
|   |   |

## WHAT IS GOD INVITING YOU INTO TODAY?

- 1. Commit to staying connected over the next five weeks as we explore the science and spirituality of Hope together.
- 2. Think about an area in your life you need hope. Write out a clear goal, define a path to that goal and acknowledge your part in getting there. Then, spend time praying for strength to take your first steps and wisdom to adjust the path as necessary.

## THOUGHT PROVOKING QUESTIONS:

- 1. How do you think the average person would define hope?
- 2. Have you ever experienced hope for something better in your future? What happened?
- 3. What is the difference between "Hoping" and "Wishing?"
- 4. In the story of Ruth and Naomi, Ruth seemed to have hope for her future that Naomi did not share. What do you think was the difference between the two?
- 5. Do you think that a person who is not spiritual can have hope? How would you describe a spiritually supercharged hope?

