

TED TALKS: THE BOOK OF LASSO | WEEK #08

Meet Dani Rojas | October 29th

WHAT'S THE ISSUE ANYWAY?

Experiencing _____ and being a _____ person are not the same thing.

The opposite of joy is not _____, the opposite is _____.

Getting frustrated and being a _____ person are not the same thing.

Joyful people live purpose-_____, frustrated people live purpose-_____.

WHAT WISDOM DOES SCRIPTURE OFFER US WHEN IT COMES TO FRUSTRATION, JOY AND PURPOSE?

Paul's experience of joy was a _____-_____ of his deep sense of purpose.

(1 Thessalonians 2:19-20)

Resilient joy is a _____-_____ state. (Philippians 4:11-13)

_____ and joy are not mutually exclusive. (Matthew 28:8)

_____ and joy are not mutually exclusive. (Luke 24:41)

_____ and joy are not mutually exclusive. (2 John 1:12)

DON'T MISS THIS!

The _____ your purpose the more _____ your joy.

HOW CAN I LIVE THIS IN MY EVERYDAY, NORMAL LIFE?

What is your _____?

Dani's joy is resilient because it flows out of his purpose not his _____.

Define your deep _____.

Remember, the more your 'why' relates to _____, the more resilient your joy.

HOW DOES THIS MAKE ME A BETTER PERSON AND THE WORLD A BETTER PLACE?

Joyful people experience harmony, vitality, _____ and freedom.



WHAT IS GOD INVITING YOU INTO TODAY?

1. Spend time honestly evaluating whether my life is marked more by joy or frustration.
2. Spend time thinking about my deepest “Why?”
3. Sit down with someone I think of as a joyful person and find out their “Why.”

THOUGHT PROVOKING QUESTIONS:

1. How do you describe joy? How would you describe a joyful person?
2. What frustrates you? What brings you joy.
3. Dani Rojas’s catch phrase is “Football is Life.” This expressed his deep “why” or driving purpose. What in the past or currently is your deep “why” or driving purpose?
4. Can you think of a time in your life when you experienced a negative emotion alongside of joy? When was that and what was that like for you?
5. Have you ever experienced joy in such a way that you felt a sense of physical freedom (laughing, dancing, crying, etc.)? If so, describe your experience.
6. Have you ever experienced joy in such a way that you felt a sense of transcendence (living beyond ordinary existence)? If so, describe your experience.



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