## TED TALKS: THE BOOK OF LASSO | WEEK #06



Meet Jamie Tartt and Roy Kent | October 15<sup>th</sup>

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Trustration is the emotional response to	·
People frustrate us when they are	and we are
People frustrate us when they don't live up to our	
Tension is the catalyst for	
/HAT WISDOM DOES ROMANS 12:1-5 AND PROVERB	S 27:17 OFFER US?
To present your body was to present your	·
The living sacrifice is the	life.
The "mind" is code for a way of seeing	
Changing our minds is a sign of	<del>·</del>
The ultimate reason for growth is to	your way of seeing and being.
Humility is the line, not th	line for growth.
Our differences sharpen each other when we are o	close enough to
ON'T MISS THIS!	
Growth requires authentic	with people who are wired
than us.	
These relationships frustrate but also	us.
OW CAN I LIVE THIS IN MY EVERYDAY, NORMAL LII	:E?
Remember,turns op	p <mark>onents into allies.</mark>
Don't run from people who	you.
Don't run from people who	with you.
"How can this relationship	_ me; revealing who I am, who I want to be, who I don't
want to be?"	

## HOW DOES THIS MAKE ME A BETTER PERSON AND THE WORLD A BETTER PLACE?

Sharp people grow in their ability to cut through the \_\_\_\_\_

## WHAT IS GOD INVITING YOU INTO TODAY?

- 1. Stop avoiding the person who frustrates you but can sharpen you.
- 2. Recognize that opponents are not enemies.
- 3. Send a thank you note to a person who sharpened you.

## THOUGHT PROVOKING QUESTIONS:

- 1. Who is a person that frustrates you? Why do they frustrate you so much?
- 2. How or when has a tension been a catalyst for growth in your life?
- 3. Do you think that Paul expected everyone in the churches he started to always get along? Why or why not?
- 4. What are the dangers of not understanding the difference between an opponent and an enemy?
- 5. Who in your life is your "sharpening stone" and how do they sharpen you?