TED TALKS: THE BOOK OF LASSO | WEEK #03



Meet Ted Lasso | September 24th

WHAT'S THE ISSUE ANYWAY?
Judging others is a defense mechanism of the
Judgment flows out of our
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A judgmental spirit strains relationships, stunts personal growth and people.
WHAT WISDOM DOES SCRIPTURE OFFER US?
Luke 6:36-38
Jesus believed the essential nature of God is
Jesus believed the essential nature of life was
What are we that is given back?
Mark 14:3-9
Some of the people weren't curious, they were
Jesus' compassion helped him see beyond wisdom.
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Jesus' compassion helped him see beyond wisdom. Jesus had a better perspective on the of this woman. James 1:19-20 Curiosity opens our eyes to the perspective. DON'T MISS THIS! Compassionate curiosity assumes people are doing the they can with the hand they were HOW CAN I LIVE THIS IN MY EVERYDAY, NORMAL LIFE!

Extend compassionate curiosity to your allies, enemies and maybe most importantly, ______.

HOW DOES THIS MAKE ME A BETTER PERSON AND THE WORLD A BETTER PLACE?

Compassionate curiosity makes space for _

_____ and _

WHAT IS GOD INVITING YOU INTO TODAY?

- 1. Accept God as the nonjudgmental, compassionate Spirit with you as you navigate life.
- 2. Respond to people with compassionate curiosity rather than a quick temper.
- 3. Ask forgiveness of someone I have judged and treated poorly.

THOUGHT PROVOKING QUESTIONS:

- 1. How does constantly judging others affect our own mental and emotional well-being? Can you share personal experiences or examples of how being judgmental has impacted your own state of mind or happiness?
- 2. Why do you think Jesus used the word "give" when talking about things like judgment, forgiveness and compassion?
- 3. Jesus seemed to believe that we get what we give in this life. In other words, life has a reciprocal nature. What do you think?
- 4. On a scale of 1-5, one being "natural" and 5 being "very unnatural," how easy is it for you to assume the best in others?
- 5. When faced with a situation where judging would be easy, what questions could you ask of yourself and others that would help you respond with compassionate curiosity?

