

THE GREATEST CON ON EARTH | WEEK #04



The Con of Youth and Beauty | October 9th

QUICK REVIEW

Anchor Verse: The Devil, the ultimate _____, has always hated the truth because the truth brings freedom from his control. So, deception and destruction just come naturally, it's his character. All lies flow from him like water from a fountain. John 8:44 (Ryan's Paraphrase)

Week 01: Margin _____ the con and reduces the _____ of overload.

Week 02: Creating and maintaining margin is only possible when we go through the loss and death of the _____.

Week 03: Debt as a substitute sacred object enslaves us, limiting our freedom to _____.

WHAT'S THE ISSUE ANYWAY?

We too often don't have the _____ energy to match our _____ drive. _____ activity and _____ activity both destroy our physical margin.

The Con: _____ gives you wings.

When we ignore our physical limits we eventually _____ and _____.

WHAT WISDOM DOES PROVERBS OFFER US?

_____ is not the solution. (Proverbs 10:4-5)

Emotional/Spiritual health is a contributing factor to _____ health. (Proverbs 14:30)

A lack of Physical Margin is a _____ - _____ problem. (Proverbs 25:28)

DON'T MISS THIS!

Physical Margin is found in _____ the right energy source not the substitute sacred object of "youth and beauty." (Isaiah 40:31)

HOW CAN I LIVE THIS IN MY EVERYDAY, NORMAL LIFE?

Monitor your _____ Heart.

Monitor your _____ Heart.

Don't underestimate the power of _____.

HOW DOES THIS MAKE ME A BETTER PERSON AND THE WORLD A BETTER PLACE?

The _____ to _____ flourishes in the margins of our physical life.

WHAT IS GOD INVITING ME INTO TODAY?

1. To build more physical margin by being more intentional about my work, sleep and eating habits
2. To let go of the sacred object of beauty and youth as a path to wholeness
3. To build more physical margin by intentionally getting active with a friend

THOUGHT-PROVOKING QUESTIONS:

1. How rested do you feel when you wake up in the morning? Are you ready for the day or longing for more sleep?
2. Have you ever felt the desire that comes from the sacred object of beauty and youth? How have you tried to get through the “prohibition of age”?
3. Do you feel more energy for life when you are in a healthy place spiritually? Why or why not?
4. Think about an area of your life that you have lots of self-discipline and an area where you would like to have more. What is the difference in those two areas? Why do you think self-discipline is harder in some areas of our lives?
5. What are two practical ways you can add physical margin into your life?