

Living in Christ | Week #02

Hey Teacher! Leave Them Kids Alone | March 6th

Anchor Verse:

Consequently, you too must think of yourselves as being dead to sin and living for God in Christ Jesus. —Romans 6:11

Colossians 2:20-3:4: *Dying and Rising with Christ*

If with Christ you died to the elemental spirits of the universe, why do you live as if you still belonged to **the world**? Why do you submit to **regulations**, ²¹“Do not handle, Do not taste, Do not touch”? ²²All these regulations refer to things that perish with use; they are **simply human** commands and teachings. ²³These have indeed an **appearance of wisdom** in promoting self-imposed piety, humility, and severe treatment of the body, but they are of **no value** in checking self-indulgence.

3 So if you have been **raised with Christ**, seek the things that are above, where Christ is, seated at the right hand of God. ²**Set your minds on things that are above**, not on things that are on earth, ³*for you have died, and your life is hidden with Christ in God.* ⁴*When Christ who is your life is revealed, then you also will be revealed with him in glory.*

How to Experience the Process of Spiritual Transformation:

_____ submitting to human regulations.

_____ to think more like God.

- The spiritual journey is NOT linear, NOR is it something we can control.
- Spiritual law: When we are ready to transform, transformation will happen to us.
- We are creative beings; we are also creations.

_____ the process and _____ the journey.

- When we discover we can change, we may panic.
- Spiritual Law: *We are in the process of becoming what we already are—perfect creations of a generous and collaborative Creator.*

What is God inviting me into today?

1. Stop submitting to the human-made regulation/s that are hindering my spiritual vitality.
2. Practice seeing things from God's point of view.
3. Trust the process of transformation and allow myself to enjoy the spiritual journey.

Questions for Groups or Personal Reflection

1. What human-made regulations have been guiding my attempts to grow spiritually?
2. Describe how a human-made regulation has the potential to be healthy or unhealthy. Can you name one and explain how it could be used for good or harm in your spiritual life?
3. Give an example of something you have seen things from a divine rather than purely human perspective? How did/could you make a mindset shift? What good has the shift accomplished in your life?
4. In what ways do you resist the spiritual laws of transformation discussed in this lesson?
5. What would it look like for you to cooperate with your own growth?
6. What can happen in families, churches, workplaces, communities, and nations where numerous people are mastering and modeling healthy spirituality?