

## “COMING CLEAN”

### *Breathe* :: Part 3

September 7-8, 2013 :: John Smith



*Blessed are the pure in heart,* Matthew 5:8

#### **STEP FOUR: *I must openly examine and confess my faults to myself, to God, and to someone I trust.***

*What joy for those whose rebellion is forgiven, whose sin is put out of sight!  
Yes, what joy for those whose record the Lord has cleared of sin, whose  
lives are lived in complete honesty!* Psalm 32:1-2 (NLT)

#### **1) TAKE A \_\_\_\_\_**

*The truth will set you free.* John 8:32

*Let us examine our ways...* Lamentations 3:40

*Search me, O God, and know my heart; test me and know my thoughts.  
Point out anything in me that offends you, and lead me along the path of  
everlasting life.* Psalm 139:23-24 (NLT)

*Whoever conceals their sins does not prosper, but the one who confesses  
and renounces them finds mercy.* Proverbs 28:13

*If we claim to be without sin, we deceive ourselves and the truth is not  
in us.* 1 John 1:8

#### **2) ASK GOD \_\_\_\_\_**

*If we confess our sins to him, he is faithful and just to forgive us and to  
cleanse us from every wrong.* 1 John 1:9 (NLT)

*Though your sins are like scarlet, they shall be as white as snow;*  
Isaiah 1:18

#### **3) ADMIT YOUR \_\_\_\_\_**

*Confess your sins to each other and pray for each other so that you may  
be healed.* James 5:16

*A person standing alone can be attacked and defeated. But two can stand  
back to back and conquer. Three are even better for a triple braided cord  
is not easily broken.* Ecclesiastes 4:12 (NLT)

*For all have sinned; all fall short of God's glorious standard. Yet now God  
in his gracious kindness declares us not guilty. He has done this through  
Christ Jesus, who has freed us by taking away our sins.*

Romans 3:23-24 (NLT)

When?

Who?